

COVID-19 Parameters at Highland Church

Here's how to prepare to attend in-person worship services:

- **Register each attendee** from your household with the church office **each week**.
- On Sunday morning, before you come, **answer all Alberta Health Daily Checklist questions** at <https://open.alberta.ca/publications/covid-19-information-alberta-health-daily-checklist>. Should you answer “yes” to any of the questions, please do not attend in person.
- **Come 15 minutes early** to allow enough time for everyone to follow the protocols.
- **Come through the front door**, staggering your entry with other households.
- **Wear a mask** at all times **when in the church building**.
- **Sanitize your hands** upon entry.
- **Sign in** on the clipboard. List each household member.
- **Abide by all posted guidelines** to physically distance, cover your cough, avoid touching your face, etc.
- **Keep your children with you** at all times while in the building; do not allow them to wander. The Nursery is closed for the foreseeable future.
- **Make your way directly to an empty pew**, staggering your entry into the sanctuary with other households. Two households may share a pew if able to physically distance.
- **Take all personal belongings with you** into the sanctuary. This includes coats and boots.
- **Continue to e-transfer or mail in your giving**. An offering box will be available, but offering plates will not be passed.
- **Do not congregate in the foyer**. Sanitize your hands before and after accessing the mail folders. The coffee counter is closed. You may access the Resource Hub, staggering your coming and going with other households.
- **Stagger your exit** out of the sanctuary/out of the building with other households.
- **Wear a mask in the parking lot**, if socializing with other households and not able to physically distance 6 ft/2m.
- If you are a **person deemed to be in a high-risk category** for COVID-19, we respectfully ask that you **consider postponing your in-person participation**. We want you to feel connected with our church community and invite you to reach out to the church office if you are in need of assistance or some conversation.